



NEW STARTER BRIEFING

Please read these rules to keep you safe on your first run. A full list of rules is available on our website.

DOG

The actions of the dog/s are your responsibility, please be aware of what your dog/s is doing at all times as they get excited so stress levels are elevated.

Dog/s must be on leads/lines before, during, and after, meets.

Give other dogs space before, on, and after a run, to avoid issues.

Insurance - the clubs insurance covers the persons acting of behalf of the club. We recommend you have third party liability for your dog/s.

Dogs should be at a minimum a year old

Please do not bring Bitches in Season, pregnant or nursing.

Do not feed for ideally 2 hours prior, and 1 hour post run.

Any issues your dog/s has please advise the run leader and other runners, If using a muzzle please use the basket/greyhound race type so dog can pant and drink.

Please pick up after your dog/s.

ON THE RUN

When passing other forest users bring your dog/s under close control and give space. On single track it is best to come back to a walk to enable safe passing.

For Bikes bring dog/s close and ideally opposite side to passing bike. Children should be passed with extreme care.

For horses we will stop and communicate with the rider how best to pass safely.

On seeing other forest users vocally pass the information down the run so all the runners are aware and can take action. ie. Bike, Horse, Child.

When we regroup, give other dog/s space, and try to avoid blocking the track for other forest users, shorten dog/s lines.

Any difficulties or incidents on the run let the leader know.

Be aware of your dog/s and any signs of overheating we will walk/ get it a drink/ find a puddle to cool down - paws and panting - avoid road puddles as likely contaminated, you may need to carry water.

Always follow the countryside code.

You are expected to familiarise yourselves with our rules and guidance available at <http://ashridgecanicrossers.org.uk/club-info/club-documentation/>